

MENU



FAROL
SOIAMI



TASTY BITES

SAVORY MINI CHEESECAKE

PULLED - 3,50€

Potato & rosemary taralli, DOP buffalo mozzarella, pulled pork, pork mayo, chips (A1, A3, A7, A10, A12)

TUNA - 3,50€

Turnip taralli, DOP buffalo mini mozzarella, tuna tartare**, pistachio pesto (A1, A4, A7, A8)

PANCETTA - 3,50€

Potato & rosemary taralli, smoked stracciatella cheese, rolled pancetta, honey, basil pesto (A1, A7, A8)

SALMON - 3,50€

Multigrain taralli, smoked stracciatella cheese, salmon tartare*, yellow datterino tomatoes, lime mayo, ponzu sauce (A1, A3, A4, A6, A7)

**PORTION OF
CHIPS - 3,50€**

SAUCES - 0,50€

Mayo (A3)
Black garlic mayo (A3)
Lime mayo (A3)
Guacamole (A9)
Basil pesto (A7, A8)
Pistachio pesto (A8)
Mayo Pork (A3, A10)
Barbecue sauce (A10)

OUR SANDWICHES

GOLOSO - 10€

Square bun, pastrami, cave-aged caciocavallo cheese, mustard mayo, tomato, lettuce (A1, A3, A7, A10, A12)

ESOTICO - 10€

Potato bun, tuna tartare**, guacamole, stracciatella, iceberg lettuce, carrots, ponzu sauce (A1, A4, A6, A7, A9)

MAIALINO - 8€

Freshly baked bread, bbs mortadella, DOP buffalo mini mozzarella, cardoncelli mushrooms, truffle cream, chopped walnuts (A1, A7, A8, A12)

AMMERICANO - 10€

Potato bun, pulled pork, cheddar, tomato, pork mayo (A1, A3, A7, A12)

VIP - 10€

Freshly baked bread, salmon tartare*, smoked stracciatella, yellow datterino tomatoes, pistachio pesto, lime mayo, chives (A1, A3, A4, A7, A8, A10)

TRADIZIONALISTA - 8€

Freshly baked bread, Coratino cured ham, stracciatella, arugula, Grana DOP flakes, semi-dried cherry tomatoes, crumbled onion taralli (A1, A7, A8, A12)

VEGANO - 11€

Potato bun, vegan "pulled pork", vegan stracciatella, tomato, iceberg lettuce, caramelized onion (A1, A6, A8, A12)

FIT - 8€

Freshly baked bread, beef bresaola, Grana flakes, tomato, sun-dried zucchini, arugula, balsamic glaze (A1, A7, A12)

OUR BOWLS

PALESTRATO - 8€

Mixed salad, beef bresaola, sun-dried zucchini, Grana cheese flakes, yellow datterino tomatoes, extra virgin olive oil, chopped walnuts (A7, A8, A12)

TERRONE - 9€

Mixed greens, Coratino cured ham, semi-dried tomatoes, red onion, DOP buffalo mini mozzarella, basil pesto, crumbled EVO taralli (A7, A8, A12)

NORVEGESE - 9€

White rice, mixed greens, salmon tartare*, DOP buffalo mini mozzarella, carrots, yellow datterino tomatoes, lime mayo, crushed pistachios (A1, A3, A4, A7, A8)

FRESCA - 9€

White rice, mixed greens, tuna tartare**, sun-dried zucchini, stracciatella, tomato, pistachio pesto, almond flakes (A1, A4, A7, A8, A12)

VEGANA - 9€

Rice, mixed greens, plant-based "ham", vegan stracciatella, vegan pistachio cream, red onion, carrots, extra virgin olive oil (A1, A6, A8, A12)

* Products marked with an asterisk are to be considered frozen and/or deep-frozen

** We use yellowfin tuna (Thunnus albacares)

Dishes may contain traces of allergens due to possible cross-contamination.

THE SWEETS

MINI CHEESECAKE

NUTELLA AND TARALLI - 3,50€

(A1, A7)

PISTACHIO AND TARALLI - 3,50€

(A1, A7)

STRAWBERRY JAM AND TARALLI - 3,50€

(A1, A7)

SALTED CARAMEL AND TARALLI - 3,50€

(A1, A7)

TOPPING - 0,50€

Coconut
Almond flakes
Chopped walnuts
Crushed pistachios
Crushed hazelnuts

DRINKS

STILL WATER "AQUALY" - 1,50€

SPARKLING WATER "SAN PELLEGRINO" - 1,50€

COCA-COLA - 2€

COCA-COLA ZERO - 2€

SIBI ORGANIC CEDRATA - 3,50€

SIBI ORGANIC CHINOTTO - 3,50€

**SIBI ORGANIC DARJEELING BLACK TEA WITH
LEMON - 3,50€**

**SIBI ORGANIC DARJEELING BLACK TEA WITH
PEACH - 3,50€**

BOTTLED BEERS

FORST 1857 33CL - 3€

FORST SIXTUS 33CL - 3,50€

FORST WEIHENST 50CL - 5€

FORST 0.0 33CL - 3€

BALADIN SUD WITBIER 33CL - 4,50€

BALADIN L'IPA IPA 33CL - 4,50€

WINES

ANTICAIA ROSATO DOP

Goblet 4,50€ - Bottle 15€ (A12)

ANTICAIA NEGROAMARO IGP

Goblet 4,50€ - Bottle 15€ (A12)

ANTICAIA CHARDONNAY IGP

Goblet 4,50€ - Bottle 15€ (A12)

ALLERGENS

GLUTEN - 1

(cereals such as wheat, rye, barley, oats, spelt, kamut, including hybridized varieties and their derivatives)

CRUSTACEANS AND DERIVATIVES - 2

(both marine and freshwater: shrimp, prawns, crabs, and similar)

EGGS - 3

(eggs and products containing them: mayonnaise, emulsifiers, egg pasta)

FISH AND DERIVATIVES - 4

(food products containing fish, even in small quantities)

PEANUTS AND DERIVATIVES - 5

(creams and condiments containing even small amounts of peanuts)

SOY AND DERIVATIVES - 6

(derived products such as soy milk, tofu, soy noodles, and similar)

MILK AND DERIVATIVES - 7

(any product made with milk: yogurt, biscuits, cakes, ice cream, and various creams)

NUTS AND DERIVATIVES - 8

(almonds, hazelnuts, walnuts, cashews, pecans, pistachios, and similar)

CELERY AND DERIVATIVES - 9

(present both as pieces and in soup mixes, sauces, and vegetable concentrates)

MUSTARD AND DERIVATIVES - 10

(found in sauces and condiments, especially mustard-based preparations)

SESAME SEEDS AND DERIVATIVES - 11

(whole seeds used in bread or flours containing sesame in small percentages)

SULPHUR DIOXIDE AND SULPHITES - 12

(sulphur dioxide and sulphites in concentrations above 10 mg/kg or 10 mg/l, expressed as SO₂ - used as preservatives; they may be found in preserved fish products, pickled or oil-packed foods, jams, vinegar, dried mushrooms, soft drinks, and fruit juices)

LUPIN AND DERIVATIVES - 13

(found in vegan foods such as roasts, sausages, flours, and similar)

MOLLUSCS AND DERIVATIVES - 14

(scallops, razor clams, clams, mussels, oysters, limpets, and similar)

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FAROISCIAMI

Via De Rossi, 112, 70122 Bari (BA)

NOTICE

Seafood products arrive at our store under a cold chain at -20°C or $+4^{\circ}\text{C}$. Carpaccio and tartare intended for raw consumption have been sanitized in compliance with Reg. (EC) 853/04 Annex III, Section VIII, Chapter 3, letter D, point 1, and subsequent amendments and additions.

Our artisan bread arrives under a cold chain at -20°C and is finished baking at the time of preparation, ensuring maximum freshness and fragrance.

* Products marked with an asterisk are to be considered frozen and/or deep-frozen. ** We use Yellowfin Tuna (Thunnus Albacares). In accordance with EU Regulation 1169/2011, we inform customers that our dishes may contain traces of cereals containing gluten, crustaceans, fish, eggs, peanuts, soy, milk and lactose, nuts, celery, mustard, sesame seeds, lupin, molluscs, and derived products.